**患病和治療過程**

**(Sequence of Events)**

**第一週（Week 1）**

| 第X天/  日期  Day/  Date | 徵狀/自己採取的行動  Symptom/self-action | 被諮詢醫生（公家或私家）/檢查/診斷  Doctor consulted（public or private)/ investigation  /diagnosis | 治療方法/跟進  Treatment given/follow up |
| --- | --- | --- | --- |
| 第一天  Day 1  Xx/xx/xx |  |  |  |
| Day 2 |  |  |  |
| Day 3 |  |  |  |
| Day 4 |  |  |  |
| Day 5 |  |  |  |
| Day 6 |  |  |  |
| Day 7 |  |  |  |
|  |  |  |  |
|  |  |  |  |

**第二週（Week 2）**

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